

SOCIO-DEMOGRAPHIC DETERMINANTS OF SEXUAL BEHAVIOR AMONG UNDERGRADUATES IN EKITI STATE. A CASE STUDY OF FEDERAL UNIVERSITY OYE EKITI (FUOYE) AND EKITI STATE UNIVERSITY (EKSU)

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ABSTRACT

Sexual behavior is the basis of sexuality matters in young people in their early stage of life. Their self-effacing behavior exposed them to risky sexual behaviors like having more than one sexual partner, having sexual intercourse without any form of contraceptives. (WondemagegnMulu et al, 2014). Sexuality issues have been one of the most fundamental aspects of human existence, which is directly related to both the physical and psychosocial well-being of an individual (1980 as cited in L. A. J. Shittu. et al, 2006). In this time of HIV and AIDS, there is need to address the issues of sexuality among young people who are sexually active. Undergraduates are mainly important because they dwell in a diverse and to some extent uncontrolled environment, which puts them at high risk of risky sexual behaviors (Musiime & Mugisha, 2015). However, the socio-demographic determinants of these adolescents sexual behavior are left unaddressed. The study was a descriptive survey which was mainly quantitative in its approach. Data were collected from 300 full-time undergraduates in FUOYE and EKSU using self administered questionnaire. Data were analysed using SPSS version 16.0.

The study found that significant relationship exists between ages and ever had sex and also, gender is related with number of sexual partner with males more likely to keep multiple sexual partners than females. The study therefore concludes that Age and Gender are major determinants of sexual behavior among undergraduates. From the findings of the study, the researcher therefore recommends that age and sex should be targeted in programmes to promote healthy sexual behavior.