

Influence of Gender and Self-esteem on Self-disclosure attributes among undergraduates of Federal University Oye- Ekiti

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ABSTRACT

This research extends previous work on measuring two dimensions of self-disclosure attributes with gender and self-esteem. One hundred participants were selected using purposive sampling method. Psychological instruments were data collection. Data obtained were analyzed using the statistical package for social sciences (SPSS). Three hypotheses were tested using Two-way Analysis of Variance, Pearson Product Moment Correlation and Independent sample t-test. The result showed that there is no significant joint influence of gender and self-esteem on self disclosure attributes, the result of the analysis further indicates that self-esteem has independent positive influence on self-disclosure attributes, while gender has no significant influence on self disclosure attributes. Therefore, hypothesis which stated there will be joint influence of gender and self-esteem on self-disclosure attributes was rejected. The result also indicated that self esteem has no significant relationship with self-disclosure attributes. This suggests that there is no significant relationship between self-esteem and self-disclosure attributes among undergraduates of FUYOYE. The result indicated that there is a significant gender difference on self-disclosure attributes, further analysis suggested that male students displayed significant higher level of self-disclosure attributes than their female counterparts; therefore, the hypothesis stated there will be gender difference on self- disclosure attributes was accepted. It was concluded that gender and self-esteem should be considered as important in intervention programmes of self-disclosure attributes among undergraduates of FUYOYE. Future studies need to be conducted to better determine how self-esteem and self-disclosure attributes affects the way people interact in other aspect of social relationships (like religious settings)

Keywords: Gender, self-esteem, self-disclosure attributes and undergraduates.